



**UNIVERSITY OF THE THIRD AGE
FLINDERS - INCORPORATED
PROGRAMME No 91**

**First Session 2022
February - April**

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CORONAVIRUS UPDATE

Use of the Active Elders Association Hall continues to be bound by the conditions imposed by SA Health's Covid-19 Safety Plan. We have adapted our normal practices to permit us to continue to operate.

It is important that you stay at home if you are feeling unwell, even if the likelihood of you having Covid-19 is low. Please consider the wellbeing of your fellow members and friends at this difficult time.

Acknowledging the generous support of Flinders University



MESSAGE FROM YOUR PROGRAMME CO-ORDINATOR

Dear Members,

PRODUCTION OF THIS PROGRAMME - No 91

My thanks go to **Sheila Dickinson** and **Myself** for another varied and interesting programme.



ENROLMENT FORMS

Please return your completed Enrolment Forms as soon as possible, as it helps me to compile the MC Duty Rosters – particularly for the first month of the Programme. It also means that those attending our sessions are entitled to do so as Full Financial Members, and it also provides the Management Committee with a reasonably accurate figure for the number of chairs to set out for each session.

HOW TO ASSIST THE U3A OFFICE VOLUNTEERS

MEMBERSHIP RENEWAL DOCUMENTS

Please double-check that you have completed all relevant parts of the following:

- **Membership Renewal Form**
- **Prog 91 Session Enrolments Form** (remember to write your name(s) at top of page)
- **Details of Payment** for renewal of membership - either enclose a fully completed Cheque with name and address written on reverse, or a paper Receipt giving full details of the Bank Transfer.

Make sure the Envelope is stamped and sealed, and addressed to U3A FLINDERS-INC, FLINDERS UNIVERSITY, GPO Box 2100, ADELAIDE SA 5001.

Please note that the University shuts down over the Christmas/New Year holiday period, and does not re-open until the second week in January. This, coupled with Postal delays, and Banks being slow to process cheques, can mean that payments may be slow to leave the senders' Bank account. Please be patient.

NEW GROUP - GUIDED VISITS TO THE STATE ART GALLERY

This new group was set up following a suggestion to U3A Committee by a member (Bev Bennet), who also offered to organise the group. The visits to the State Art Gallery on North Terrace take place at 1.30 pm on the third Wednesday of each month during term-time (from February to November). The one-hour visits are included in Programme 91 Enrolment Form so that members who wish to attend can indicate their intention. The group will meet the guide at the rear of the Art Gallery in the foyer between the bookshop and café. The cost of each guided tour is \$2 per person, payable at the bookshop on the day. Wear name badge with contact details for next of kin on reverse side (for use in case of an accident).

WALKING GROUP

Wednesday Walks continue as before, thanks to Judy Milford and Nola Byass. See further details elsewhere in the Programme.

BOOK GROUP

Meetings are held on the third Friday of the month at 1.30 pm at Parkholme Library. See further details included elsewhere in the Programme.

WRITING GROUPS

Both Writing Groups will continue to operate under strict Covid-19 rules. Social distancing is applied, which imposes a limit on numbers attending. Members of the Writing Groups must follow the same procedures as other Groups, and indicate their intention to attend sessions by ticking the appropriate box on the Enrolment Form for return to the Office. This will ensure that those participating under the aegis of U3A Flinders are financial members, and thus covered by our Public Indemnity Insurance policy.

Max Gordon

Programme 91

- Special Notes:** 1. All events in this programme, unless otherwise specified, will be held at:
Active Elder Association Hall, Corner of Charles & Albert Streets, Ascot Park.
2. U3A Flinders Inc reserves the right to cancel postpone or change advertised events as necessary. Reasonable effort will be made to provide timely notification of such changes to Members who have enrolled.

General Information for Group Activities

The Wednesday Walking Group - Notes for Walkers

Contact details: Judy Milford. 0408 842 479, Nola Byass 0411 066 014

- Walks start at 9.30 am. Please be at the departure point 5-10 mins before the starting time.
- If you have registered for a walk but are unable to attend please notify Nola or Judy so that the group knows not to wait for you and the number for coffee can be adjusted.
- Weather conditions: If the Bureau of Meteorology (BOM) forecast max. temp. is 32°C or over, the walk will be cancelled.
- Forecast rain: The walk will be held. Bring rain gear.
- Wear: Name badge with contact details for next of kin on reverse side (for use in case of an accident).
- Coffee will be taken at the completion of each walk, unless otherwise advised.
- When possible, walks have been graded to indicate the level of difficulty.
- **Please Note:** U3A Flinders will continue to adhere to all SA Health regulations in regard to group size and maintaining social distancing. Therefore, coffee during or at the completion of the walk, will only be taken under the auspices of U3A, if COVID-19 restrictions allow.

The Art Gallery Group – Guided Art Gallery Visits

Contact details: Bev Bennet. 0417 858 246, E-mail: beverlybennet@bigpond.com

The monthly visits to the State Art Gallery on North Terrace take place on the third Wednesday of each month during term-time (from February to November). The dates are included in the Prog 91 Enrolment Form so that members can indicate their intention of attending. This is an opportunity to gain different perspectives from the knowledgeable guides who will escort the group through each 1-hour session. The group should assemble at the rear of the Art Gallery, in the foyer between the café and the bookshop at around 1.20 pm for a 1.30 pm start. The cost is \$2 per person per visit, payable at the bookshop on the day. Wear name badge with contact details for next of kin on reverse side (for use in case of an accident).

The Writers' Groups

Wednesday Scribblers Writing Group

Contact person, (via U3A Office): Alison McDonald

For many members, joining this group was their first foray into the field of creative writing within a supportive environment. If you are interested in finding out more about how this group operates, please contact the U3A Office in the first instance and your details will be passed on to the organiser. Sessions are held at Parkholme Library, Duncan Avenue, Parkholme. **If you are an existing member, please tick the appropriate box on the Enrolment Form.**

Every Wednesday during term time. From 1.30 pm – 3.30 pm.

Writers' Group

Contact person (via U3A Office): Ted Flaherty

This is a long-established group of experienced writers. Members read and critique work in a mutually supportive environment. If you are interested in finding out more about how this group operates, please contact the U3A Office in the first instance and your details will be passed on to the organiser. Sessions are held at Parkholme Library, Duncan Avenue, Parkholme. **If you are an existing member, please tick the appropriate box on the Enrolment Form.**

Every Thursday during term time. From 9.30 am – 12.30 pm.

The Book Group – General Notes

These meetings are usually held on the third Friday of each month at 1.30 pm at Parkholme Library, **except for the April session which has been brought forward to Friday 8th because of conflict with Easter Friday which falls on the 15th.** Members take turns (if they wish to) at choosing the book of the month (fiction or non-fiction), which appears in the U3A programme. They source their own copies to read (from libraries, e-books etc) then come along to discuss the book – even if they don't like it! Interesting discussions ensue. New members always welcome, subject to social-distancing rules.

Contact Judy Milford on 0408 842 479 or milfords4@bigpond.com for further information.

Programme 91 - Sessions

- 1) Birds in Art** by **Coralie Creevey**
Coralie is a regular contributor to U3A Flinders' programmes, her most recent session being in September 2021 on the subject of Self Portraits in Art. On this occasion, she will select an interesting range of examples of the depiction of birds from around the world, and provide us with curious, noteworthy and illuminating information about the portrayal of our feathered friends.
Tuesday February 1st at 2.00 pm.
- 2) Walk No 1 – Hove walking south** Map ref: **UBD 152 E1**
Meet in Wattle Reserve, (between Hulbert and Wattle Street) on the Esplanade, Hove.
Coffee during the walk.
If the forecast is 32°C or over, the walk will be cancelled, however, provided COVID-19 restrictions allow, members are invited to meet at the Esplanade Hotel, Brighton for coffee at 10.30 am.
Please also refer to General Notes for Walkers at Walk No 1 on Page 3.
Wednesday February 2nd at 9.30 am. **Rating: Easy**
- 3) The Story of a deadly parasitic worm in humans** by **A/Prof Kirstin Ross**
Kirstin is Course Coordinator in Environmental Health at Flinders University.
Strongyloidiasis is an infection caused by a parasitic worm called *Strongyloides stercoralis*, which infects the gastro-intestinal system. Worldwide, it infects an estimated 300 million people, making it more common than malaria. But so few people are aware of it that it has been described as the most neglected of all neglected diseases, and it is very common in Australian Indigenous communities. If a person becomes immunocompromised, the worm goes into a hyper-infective stage, causing horrific internal damage, followed by sepsis and – at this stage – generally death. Kirstin will give us a comprehensive overview of this appalling condition, and provide information about treatments and methods of avoiding infection.
Thursday February 3rd at 2.00 pm.
- 4) Advice on Living Independently as we age** by **Dr Olivia Farrer**
Dr Farrer is a lecturer in Nutrition and Dietetics in the College of Nursing and Health Services at Flinders University. In this session, Olivia will focus predominantly on the topic of eating well, fuss-free cooking, and healthy ageing. She will provide strategies and resources for ways to maximise nutrition without spending hours in the kitchen, and for maintaining independence and wellbeing. This talk has been specifically designed for the needs of our membership, and should be of great interest to those who live independently.
Tuesday February 8th at 2.00 pm.
- 5) Canadian Museums and Historic Sites** by **Mary Schumacher**
Mary visited some fascinating places during visits to Canada in 2011, 2013 and 2016, including some unique museums and historic sites, particularly in Nova Scotia, such as: the Maritime Museum and the Immigration Museum in Halifax, and some important historic sites and small museums on Cape Breton Island. This part of Canada had a colourful, eventful and, at times, conflict-ridden past. Mary learned more about the history and origins of settlement from museums in Ottawa, Calgary and Vancouver.
Thursday February 10th at 2.00 pm.
- 6) Corruption in Government** by **Prof Adam Graycar**
Adam is Director and Professor of Public Policy at University of Adelaide. He is author of over 250 scholarly publications and is a Fellow of the Academy of Social Sciences in Australia. He also has 22 years' of experience as a senior government official with both South Australia and Commonwealth Governments.
The title of Adam's talk is self-explanatory!
Tuesday February 15th at 2.00 pm.
- 7) Walk No 2 – St Mary's Historic** Map ref: **UBD 141 Q13**
Meet at Thurles Street Reserve, Park Road, southern side.
Please also refer to General Notes for Walkers at Walk No 1 on Page 3.
Wednesday February 16th at 9.30 am. **Rating: Easy**
- 8) Guided Art Gallery Visit** led by **Bev Bennet**
See details on Page 3.
Wednesday February 16th at 1.30 pm.

- 9) Biographics of the British Royal Family** by **A/Prof Giselle Bastin**
Giselle is Associate Professor in English at Flinders University. She researches “royalism” with particular emphasis on the British Royal Family. The British Royal published biography and history industry is a large and lucrative one, and biographers and historians compete with one another to secure the right to be recognized as either an ‘official’ biographer (the highest ‘rank’) or an ‘approved’ biographer. In this presentation, Giselle will be detailing ‘Who’s Who’ in the royal biographical pantheon and telling some of the stories about how the royal biographical pecking order came about and still operates to this day.
Thursday February 17th at 2.00 pm.
- 10) Book Group: *Three Dog Night*** by Peter Goldsworthy led by **Margaret Milford**
Peter is a South Australian author. The story is a fascinating challenge to our thoughts on fidelity and friendship.
Friday February 18th at 1.30 pm at Parkholme Library, Duncan Drive, Parkholme.
- 11) Developments in Robotics and Submersible Drones** by **Prof Karl Sammut**
Prof Sammut is Director of the Centre for Maritime Engineering, Control and Imaging at Flinders University. His speciality is research into the development of autonomous marine vehicles – both surface and underwater. Many tasks and missions in the marine environment are tedious, dangerous, and hazardous for human beings. The obvious answer is to develop unmanned, autonomous vehicles to undertake these difficult and dangerous tasks, and which can be deployed in numerous situations e.g. defence, coastal surveys, rescue and police operations, and dealing with hazardous materials. In this talk, Karl will tell us about the research he and his colleagues are undertaking into these fascinating leading-edge developments.
Tuesday February 22nd at 2.00 pm.
- 12) The (Anti) Social Network** by **Prof Emma Thomas**
Emma is a Professor at the College of Education, Psychology and Social Sciences at Flinders University. Online technologies are exposing and magnifying critical aspects of social behaviour. In the past year, people have interacted more and with greater intensity online, prompting questions about many psychological aspects of human engagement. The behaviours of people engaging in revolutions and political violence, or misinformation and rumour (fake news) are being expressed and exposed on an immense scale never before seen, thanks to social media. Emma’s research aims to quantify and investigate this vast global social experiment, to find out what motivates people to join extremist groups or donate to disaster relief, for example.
Thursday February 24th at 2.00 pm.
- 13) Laying waste to pollution – an update** by **A/Prof Justin Chalker**
Justin is a Senior Lecturer and Research Leader at the Institute for Nano-Scale Science and Technology at Flinders University. He last spoke to us in February 2019 on his research into the conversion of waste into new materials that capture pollution, using used cooking oil and sulphur to produce a new type of multi-functional rubber to trap mercury pollution and oil spills. Justin will give us an update on this subject and on other projects he has been working on.
Tuesday March 1st at 2.00 pm.
- 14) Walk No 3 – North Terrace Cultural Boulevard** **Map ref: UBD 3 L4**
Meet at Trinity Church, corner Morphett Street and North Terrace, City.
Suggest public transport. Tram stop at City West (between Railway Station and RAH stops).
Coffee will be during the walk.
Please also refer to General Notes for Walkers at Walk No 1 on Page 3.
Wednesday March 2nd at 9.30 am. **Rating: Easy**
- 15) Travel: when things go wrong** by **Mary Schumacher**
Travel is stimulating, exciting and often exhausting. But sometimes things don’t go as planned. In this very personal talk Mary will describe what has happened that went wrong during her travels: accidents resulting in injuries; some very tricky border crossings; an issue with not having a visa for a specific country; dinner under the watchful eye of KGB agents; an alert for pirates; a missing aeroplane; and more.... These events might trigger memories for you, or they may cause you to be thankful that they didn’t happen to you.
Thursday March 3rd at 2.00 pm.
- 16) Annual General Meeting, U3A Flinders – Inc** led by **President Liz Gordon**
All positions on the Committee will be declared open and nominations received and invited. Comments and opinions from members about our U3A will be welcome.
Note: There will be no guest speaker.
Tuesday March 8th at 2.00 pm.

- 17) How Resilient is Australia's Democracy? New Threats, Old Challenges** by **Dr Rob Manwaring**
Dr Manwaring is a Senior Lecturer at the College of Business, Government and Law at Flinders University.
In the last ten years, Australian trust in their democracy has declined, with greater numbers of people feeling dissatisfied with Australian politics. In this presentation, Rob will explore the resilience of Australian democracy, presenting new research on how citizens perceive the political system, and what they consider the main threats are. Many people believe that most Australians are apathetic about politics, but how accurate is this view? Using social survey data from the Australian Electoral Study (AES), and a range of other sources, the presentation will explore what Australians think about politics, and how they actually engage with the system.
Thursday March 10th at 2.00 pm.
- 18) Travels of an Intrepid Trekker and Treadler** by **John Bartlett**
John has walked, and ridden bicycles, extensively since he was 13. He used to say "Work is what I do in between walking!"
His presentation covers long treks in Nepal, Kashmir, the Pyrenees and a long bike ride in China.
Tuesday March 15th at 2.00 pm.
- 19) Walk No 4 – Marion Village & Sturt Linear Park** Map ref: **UBD 141 F16**
Meet at corner Finnis and George Streets, Marion
Please also refer to General Notes for Walkers at Walk No 1 on Page 3.
Wednesday March 16th at 9.30 am. **Rating: Easy**
- 20) Guided Art Gallery Visit** led by **Bev Bennet**
See details on Page 3.
Wednesday March 16th at 1.30 pm.
- 21) The Colonial Period and the Independence of India** by **A/Prof David Lockwood**
The Indian Mutiny (or the national uprising as it is often known) erupted in 1857. It was a revolt against British rule which had rapidly expanded across the sub-continent bringing with it western forms of trade, administration, military structure and religion. Indians across northern India rose in revolt against all of these and very nearly brought the British to defeat. This talk will examine the reasons for the uprising, its course and its defeat. It will also consider the repercussions of the Mutiny for India and for Britain.
Thursday March 17th at 2.00 pm.
- 22) Book Group. *Eleanor Oliphant is Completely Fine*** by Gail Honeyman led by **Chris Quantrill**
Eleanor Oliphant leads a simple life. She wears the same clothes to work every day, eats the same meal-deal for lunch every day and buys the same two bottles of vodka to drink every weekend. She is happy. Nothing is missing from her carefully timetabled life. Except, sometimes, everything.
Friday March 18th at 9.30 am.
- 23) Sir Douglas Mawson – The Man Behind the Balaclava** by **Mark Pharaoh**
Mark is Senior Collection Manager at the State Museum.
Was Sir Douglas Mawson the man we all think he is? Mark is researching the man behind the balaclava – not the explorer, but the man himself, by having an in-depth look at Mawson's life based on copies of letters from Iris de Rego to her family in the 1930s. The letters bring into question Mawson's fidelity to his wife Paquita while he was in England promoting his film, *Siege of the South*.
Tuesday March 22nd at 2.00 pm.
- 24) "Twelve Persons Good and True"** by **Hon Robert M Lunn QC**
Robert Lunn is a retired Supreme Court Judge with over 29 years of judicial experience in the conduct of civil litigation. He is a regular speaker at our U3A. Robert's talk covers the evolution of the jury system, how it operates in South Australia and its problems, strengths and weaknesses.
Thursday March 24th at 2.00 pm.
- 25) Development of a Vortex Fluidic Device** by **Prof Colin Raston**
Colin is Professor of Clean Technology at Flinders University. Among his many scientific accolades, he has led the debate on green chemistry in Australia – including ways to reduce chemical waste. He last spoke to us in April 2017 about his (then) recently invented machine, the Vortex Fluidic Device (VFD). This machine can unravel proteins (as demonstrated by unboiling an egg) and has already been used to improve the delivery of cancer treating drugs. Colin and his team at Flinders University have successfully demonstrated the many drug delivery applications of the VFD. Such advances demonstrate the ability of the device to provide benefits to a wide range of applications, such as in drug development in the pharmaceuticals industry. This is a wonderful story of the result of having an amazing flash of inspiration during a long boring flight.
Tuesday March 29th at 2.00 pm.

26) Walk No 5 - Happy Valley Reservoir

Map ref: UBD165 M16

At the Chandlers Hill Road and Kenihans Road intersection roundabout, turn left into Happy Valley Reservoir. Turn right into carpark.

Please also refer to General Notes for Walkers at Walk No 1 on Page 3.

Wednesday March 30th at 9.30 am.

Rating: Moderate

27) Ancient Persia Modern Iran

by **Ian and Sheila Dickinson**

Ian and Sheila are long time members of U3A Flinders.

The Persian Empire of the great Achaemenid kings (around 550 BC) was the greatest the world had ever seen. Spanning from Libya in the west to India in the east Persia was one of the cradles of Western civilisation and its wealthy rulers have left behind a rich legacy of palaces, tombs, inscriptions, bas-reliefs and precious objects. This talk takes you on a cultural journey to ancient biblical sites, incredible ruins such as Persepolis and awe inspiring mosques.

Thursday March 31st at 2.00 pm.

28) The Marion Village History Project

by **David Jarman**

David is a retired Headmaster, and an enthusiastic and knowledgeable local historian. He has spoken to us several times over the last few years. In this presentation, he will tell us about The Marion Village History Project, which is a highly successful joint venture between Marion Council and the local community. Subjects will include some history and the creation of the Marion Heritage Walk, with details of the incorporated artwork (mosaics, sculptures, etc).

Tuesday April 5th at 2.00 pm.

29) Scam awareness and internet safety

by **Rohan Watts**

Rohan is a Community Ambassador for National Broadband Network, dealing with Community & Stakeholder Engagement. He last spoke to us in September 2021 on recent developments within NBN, and plans for the future. He also touched briefly on our vulnerability to being attacked or cheated by malware, such as viruses, scams and “phishing” expeditions. In this talk, Rohan will provide additional information on these subjects.

Thursday April 7th at 2.00 pm.

30) Book Group: *Cloudstreet* by Tim Winton

led by **Janet Newman**

Acknowledged as a modern Australian classic, *Cloudstreet* is a sprawling, comic epic about luck and love, fortitude and forgiveness, and the magic of the everyday.

Friday April 8th at 9.30 am at Parkholme Library, Duncan Ave, Parkholme.

31) The story of “Captain Jack” and “King John”

by **Dr Skye Krichauff**

Dr Krichauff is an ethno-historian at University of Adelaide. She has undertaken extensive research into the relationships between SA’s early settlers and the existing inhabitants, and has published an account of her findings in the journal *History Australia*. In this presentation, Skye will tell us the story of how two local indigenous men, in particular, have emerged as key players in the initial, peaceful, settlement of early colonial Adelaide.

Tuesday April 12th at 2.00 pm.

32) Walk No 6 – Mitcham Village Historic Walk

Map ref: UBD 142 P1

Meet at the corner of Princes Road and Torrens Street, Mitcham.

Please also refer to General Notes for Walkers at Walk No 1 on Page 3.

Wednesday April 13th at 9.30 am.

Rating: Easy

33) Exploring Vienna

by **Mary Schumacher**

Vienna is cultured, refined and elegant – but also has some quirky places that may not be so well known. During four visits, one being a week alone to explore, Mary found some unusual places showing another side to this wonderful city. But we will also revisit and enjoy some of the best-known places and experiences that most travellers know and love. We will visit museums and art galleries at Schönbrunn, the Hofburg, St Stephens’ Cathedral, tour the Opera House, glimpse performances of Mozart and Schubert, and wonder at some stately buildings and their contents – and even see some Roman ruins.

Thursday April 14th at 2.00 pm.

34) A billion years of plate tectonics in 40 seconds: How plate tectonics makes our world habitable

by **Prof Alan Collins**

Prof Collins is a Professor of Geology at The University of Adelaide, and he leads the Tectonics and Earth Systems Group. Alan admits to being a bit of a plate tectonic fanatic and recently was part of a team who produced the first ever full-plate tectonic reconstruction of the last billion years of Earth history. In this talk, he will introduce us to deep time and fundamental global plate tectonic movements. He will also attempt to convince us that it is plate tectonics that makes our terrestrial planet the nice habitable world it is.

Tuesday April 19th at 2.00 pm.

35) Guided Art Gallery Visit

led by **Bev Bennet**

See details on Page 3.

Wednesday April 20th at 1.30 pm.

36) The Life and Times of Winifred Steger

by **Clem Latz**

Clem is a long time member of our U3A, and he has given us many fascinating talks about little-known characters from history.

Winifred Steger was born in London in 1882. She was deserted by her mother and had no schooling. In 1890 she migrated with her father to Central Queensland and lived an impoverished and lonely life. Married in a “shotgun wedding” in 1899, she ran away from her husband eight years later leaving her four children whom she never saw again. She was to have two further husbands, both Indian muslims. She lived with them in Ghantowns where they worked as camel-men. She made the pilgrimage to Mecca with her third husband and published the story of her trip in the *Register* (South Australia). This began her literary career which lasted until just before her death in 1981.

Thursday April 21st at 2.00 pm.

37) Discover Portugal

by **Helen Brooks**

Helen is a regular presenter of travel-related subjects at U3A Flinders. This adventure took place in 2019, and is a visual journey, not only of the major cities of Portugal, but also of less well-known places along back roads.

Tuesday April 26th at 2.00 pm.

38) Walk No 7 – Onkaparinga Wetlands Boardwalk

Map ref: **UBD 196 B3**

Meet in carpark on Perry’s Bend, River Road, Noarlunga Downs.

Note: Coffee venue will be a short drive to Port Noarlunga.

Please also refer to General Notes for Walkers at Walk No 1 on Page 3.

Wednesday April 27th at 9.30 am.

Rating: Easy

39) In the News

led by **John Bartlett**

For many years, Tony Van Kalken (a long-time member of U3A Flinders, and the recipient of a Certificate of Appreciation on behalf of the membership in 2019) delivered his regular *In the News* sessions at least once in each Programme. Unfortunately, for health reasons, Tony is no longer able to attend meetings. So, rather than cancel this long-standing session, John Bartlett has kindly offered to “chair” the group until further notice.

Thursday April 28th at 2.00 pm.