



**UNIVERSITY OF THE THIRD AGE
FLINDERS – INCORPORATED**

PROGRAM No 97

**First Session 2024
February - April**

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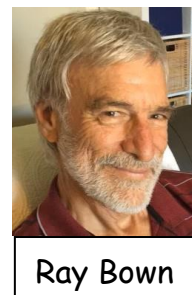
Acknowledging the support and assistance given by Flinders University

MESSAGE FROM YOUR PROGRAM PLANNER

Dear Members

PRODUCTION OF THIS PROGRAM - No 97

This is the first Program that I (Ray Bown) have undertaken since taking on the role of Program Planner. Note that this new role represents only part of the set of tasks that Max Gordon has so ably done for 10 years as Program Coordinator. My new role as Program Planner effectively ends with the production of each Program. Implementation of the Program will be in the hands of others, including MC's, those opening the building plus, those setting up chairs, the projector, laptop and microphones, etc.



My thanks go to Speaker Planners **Janet Newman (February)**, **Di Vivian (March)**, and **Sheila Dickinson (April)** and Visit Planners **John Bartlett, Carol Dorrington**, and **Sheila Dickinson** for the first Program of 2024.

ENROLMENT FORMS

Please return your completed Enrolment Forms as soon as possible. This will assist the Office in speedy processing and assists in determining the MC Duty Rosters – particularly for the first month of the Program. Also, those attending sessions are entitled to do so as Full Financial Members and it provides the Management Committee with a reasonably accurate figure for the number of chairs to set out for each session.

WALKING GROUP

Wednesday Walks continue as before, thanks to Judy Milford and Nola Byass. See further details elsewhere in the Programme.

BOOK GROUP

Meetings are held on the third Friday of the month at 1.30 pm at Park Holme Library. See further details included elsewhere in the Programme.

WRITING GROUPS

Members of the Writing Groups must follow the same procedures as other Groups and indicate their intention to attend sessions by ticking the top section on the Enrolment Form for return to the Office. This will ensure that those participating under the aegis of U3A are Full Financial Members and thus covered by our Public Indemnity Insurance Policy.

GUIDED VISITS TO THE STATE ART GALLERY

This group continues with some procedural changes; see details elsewhere in the Program.

OUTSIDE VISITS – IMPORTANT INFORMATION

We have scheduled one Outside Visit each month. If you are successful in obtaining a place for a visit, you will **not** hear from us. If the visit has limited numbers, you can assume that, **if you do not hear from us, you have been successful in obtaining a place. Only those who are not successful will be contacted by one of our Office Volunteers.** This long-established procedure may not be fully understood by recently joined members, so I suggest that everyone should read the above instructions very carefully. The earliest enrolments will be successful.

Please remember that, if you are one of the lucky ones, and you subsequently find that you cannot attend, IT IS ONLY FAIR THAT YOU LET THE OFFICE KNOW IN GOOD TIME SO THAT SOMEONE ELSE ON THE RESERVE LIST CAN BE GIVEN THE CHANCE TO ATTEND.

Ray Bown

Program 97

Special Notes: All events in this program, unless otherwise specified, will be held at Active Elders' Association Hall, Corner of Charles & Albert Streets, Ascot Park. Should it be deemed necessary, advertised events may be cancelled, postponed or changed. Reasonable effort will be made to provide timely notification of such changes to members who have enrolled.

General Information for Group Activities

The Wednesday Walking Group - General Notes for Walkers

Contact details: Judy Milford 0408 842 479, Nola Byass 0411 066 014

- **As a result of a Survey of Walkers, WALKS FOR THIS PROGRAM WILL START AT 9.30AM. Please be at the departure point 5-10 mins before the starting time.**
- If you have registered for a walk but are unable to attend, please notify Nola or Judy so that the group knows not to wait for you and the number for coffee can be adjusted.
- **Weather conditions:** If the Bureau of Meteorology (BOM) forecast **max. temp.** for Adelaide is 32°C or over on the Tuesday evening News, the walk will be cancelled. **Forecast rain:** The walk will be held. Bring rain gear. **Lightning:** If on arrival at the meeting place, the BOM radar indicates **lightning** is imminent, the walk will not proceed.
- If you have enrolled for the next day's walk, **please check your emails and text messages the night before** in case unforeseen issues result in changes to the walk.
- **Wear:** U3A name badge with Emergency Contact details on the reverse side (in case of accident).
- **Coffee:** will be taken at the completion of each walk, unless otherwise advised.
- **Rating:** When possible, walks have been graded to indicate the level of difficulty.

The Art Gallery Group – Guided Art Gallery Visits

Contact person: Bev Bennet Ph 0417 858 246, e-mail: *beverlybennet@gmail.com*

- The Gallery requires us to make groups of ten and to pay for our visits in February for the year. We will have two groups operating in 2024.

Writers' Group

Contact person: Ted Flaherty

This is a long-established group of experienced writers. Members read and critique work in a mutually supportive environment. If you are interested in finding out how this group operates, contact the U3A Office in the first instance and your details will be passed on to the organiser. There are limited new spaces available. Sessions are held at Park Holme Library, Duncan Avenue, Park Holme. If you are an existing member, please tick the appropriate box on the Enrolment Form.

Every Thursday during term time. From 9.30 am – 12.30 pm.

Wednesday Scribblers' Writing Group

Contact person (via U3A Office): Alison McDonald

This group could be your first foray into the field of creative writing within a supportive environment, with mentorship of more experienced authors available to grow your skills. New members are welcome. Sessions are held at Park Holme Library, Duncan Avenue, Park Holme. Anyone interested in finding out more about how this group operates can contact the U3A Office in the first instance.

Every Wednesday during term time. From 2.30 pm – 4.30 pm

Book Group

Contact Judy Milford: 0408 842 479, e-mail *judymilford39@gmail.com*

These meetings are usually held on the third Friday of each month at 1.30 pm at Park Holme Library, Duncan Ave, Park Holme. Members take turns (if they wish to) at choosing the book of the month (fiction or non-fiction), which appears in the U3A programme. They source their own copies to read (from libraries, e-books, book shop etc) then come along to discuss the book – even if they don't like it! Interesting discussions ensue. New members always welcome.

Program 97 - Sessions

1) Angel Flight – now and in the future

by Owen Cree

Ten years ago, we had a talk on the role of Angel Flight. Owen is Chairman of the Board of Angel Flight and has conducted more than 300 flights. His talk will bring us up to date on their mission and services as well as the future goals and directions of the organisation.

Thursday 1st February at 2pm

2) OUTSIDE VISIT – Bay Discovery Centre

The Bay Discovery Centre is a social history museum in the historic Glenelg Town Hall. The museum is on three levels and there is a lift. It can be easily reached by car, tram or bus. Discover and enjoy this well-presented display with archival films of days gone by, original artefacts and interpretive text.

A friendly volunteer will give us a guided tour.

After the tour, we can have coffee and/or lunch in Moseley Square or go for a walk on the jetty and look at the memorials of the original settlers and ANZAC.

Gold coin entry. Maximum number of participants: 20.

Monday 5th February at 10.15am for 10.30am start at Glenelg Town Hall; meet in the Foyer.

3) Walk No 1 – North Brighton to Glenelg

Map ref: UBD 140 F14

Meet in the Inclusive Café carpark, Jack Fox Drive, North Brighton.

If the Bureau of Meteorology (BOM) forecast max. temp. for Adelaide is 32°C or over on the Tuesday evening News, the group will still meet for coffee at the Inclusive Cafe at 9.30am

Please also refer to General Notes for Walkers on Page 3.

Wednesday 7th February at 9.30am

Easy

4) The role of Optometry and Eyecare

by Dr Andrew O'Neill

Andrew will introduce us to what optometrists look for and manage in the South Australia context. He has been an optometrist in Australia for 25 years and worked all over the country. He has worked with charity clinics around Australia, New Zealand and Bali. He has been the franchise owner of OPSM Colonnades in Noarlunga since 2009.

Thursday 8th February at 2pm

5) The Man Behind the Map: Matthew Flinders

by Dr Gillian Dooley

Gillian has published a non-fiction book titled 'The Man Behind the Map' that was based on the lesser-known aspects of Matthew Flinders' life and career. She will also briefly discuss his major achievements to 'set the scene'. Gillian is an Honorary Associate Professor in English Literature, having retired from Flinders University where she had been Special Collections Librarian. She has presented several keynotes and public lectures, in person and online, all over the world.

Thursday 15th February at 2pm

6) Book Group: *The Lincoln Highway* by Amor Towles

In 1954, 18-year-old Emmett is driven home to Nebraska by the warden of the juvenile work farm where he has spent time for involuntary manslaughter. With his mother gone, his father deceased, and the family farm foreclosed, Emmett plans to pick up his 8-year-old brother Billy and head to California to start a new life. But two friends from the work farm, having stowed away in the warden's car, have a very different plan for Emmett's future, one that will take the four of them on a fateful journey in the opposite direction – to New York City.

Bursting with life, charm, richly imagined settings and unforgettable characters, *The Lincoln Highway* is an extraordinary journey through 1950s America.

Friday, 16th February at 1.30 pm at Park Holme Library, Duncan Ave, Park Holme

- 7) Walk No 2 – Waite Historic and Arboretum** **Map ref: UBD 131 A12 Enter**
 Enter from Fullarton Road into Walter Young Avenue (just south of Cross Road). Park inside on the verges of the road.
 Please also refer to General Notes for Walkers on Page 3.
Wednesday 21st February at 9.30am **Easy**
- 8) Guided Art Gallery Visit** led by **Bev Bennet**
 See details Page 3
Wednesday 21st February at 1.30pm
- 9) Partnering with older people for quality assessment of aged care** by **Professor Julie Ratcliffe**
 Julie is Matthew Flinders Professor of Health Economics and leads the Health and Social Care Economics Group in the Caring Futures Institute at Flinders University. She is an internationally recognised leader in the measurement and valuation of health and quality of life outcomes. Julie will talk about the expanded aged care ‘National Quality indicators Program’ which now incorporates several non-clinical measures related to quality of care and quality of life.
Thursday 22nd February at 2pm
- 10) The challenges, benefits, and lessons learned from a decade of podcasting** by **Steve Davis**
 Steve Davis is a marketing consultant, former journalist, actor, comedian, and theatre reviewer, who started podcasting in 2013. His flagship podcast is The Adelaide Show, which "puts the passion of South Australia on centre stage" by capturing long form interviews with South Australians engaged deeply in different ventures and pursuits, many of whom will be familiar to U3A members. The podcast won Silver for Best Interview Podcast in Australia and it's all been created "after hours" as a passion project. Steve will recount the story of its foundation, the various disciplines needed and challenges met in maintaining a group of volunteers and reflect on the unexpected opportunities and opening of doors this venture has yielded. There will be some tales told out of school!
Thursday 29th February at 2pm
- 11) Walk No 3 – Glengowrie heading north** **Map ref: UBD 140 P7**
 Meet in the Morphett Arms Hotel southern carpark, corner Morphett Road and Cliff Street, Glengowrie. ‘Clean Up Australia’ - please bring a bag, gloves and tongs to clean up along the way. Please also refer to General Notes for Walkers on Page 3.
Wednesday 6th March at 9.30am **Easy**
- 12) Biosecurity issues: how and why they concern the home gardener – or should!** by **Barbara Hall**
 Barbara Hall worked for approx. 45 years in various roles with the Department of Agriculture and then SARDI (South Australian Research & Development Institute). Most of her work was on disease identification and management in horticultural crops, identifying issues and researching ways to manage disease and providing extension to growers. She was heavily involved with biosecurity and spent over 15 years on a national committee (as an inaugural member and later chair), developing standards for identification of plant pest of biosecurity concern. With excellent judgement she retired in December 2019 and continues part time with mentoring, report editing and providing technical advice when requested!
 Her talk will look at why home gardeners should be concerned about plant biosecurity issues. While they are not as emotive as animal or human issues and hardly ever make the news, plants have regular “pandemics” and everyone should be aware.
Thursday 7th March at 2pm

13) Annual General Meeting – U3A Flinders – Inc.

All positions on the Committee will be declared open and nominations received and invited. Comments and opinions about our U3A will be welcome. Tea, coffee and biscuits will be served after the meeting. Please bring a mug. Note: There will not be a guest speaker.

Thursday 14th March at 2pm

14) Book Group: *The War Nurses* by Anthea Hodgson led by **Judy Milford**

Inspired by the author's own family story, this historical fiction is based on the shocking true events of the Bangka Island Massacre during World War Two.

Friday 15th March at 1.30pm at Park Holme library, Duncan Drive, Park Holme.

15) Walk No 4 – Torrens Linear walk from Brickworks Map ref: UBD117 H5

Park in the carpark off Ashwin Drive and meet near the northwestern (Woolworths and Cibo) entrance to the Brickworks Marketplace.

Please also refer to General Notes for Walkers on Page 3.

Wednesday 20th March at 9.30am

Easy

16) Guided Art Gallery Visit led by **Bev Bennet**

See details Page 3

Wednesday 20th March at 1.30pm

17) Poles Apart – Exploration of the Arctic and Antarctica by **John Bartlett**

John is a retired architect who joined U3A in 2011, serving as President for 5 years. He will present stories of heroism, adversity, courage & failure. This brief presentation will give accounts of significant voyages of discovery and present-day tours available to these icy regions at the extremities of our planet.

Thursday 21st March at 2pm

18) OUTSIDE VISIT – Australian Space Discovery Centre

Visit to Australian Space Discovery Centre, Lot 14, McEwin Building, North Terrace (the old RAH). We have a nominal booking for 15 attendees. This visit will start with a presentation in their small Mission Control lecture theatre.

After that we can explore the various rooms of exhibits as shown on their website. These include Australia's expertise in aerospace and contributions to the global space industry, the challenges of operating in space and future developments.

Friday 22nd March at 1.15pm for the 1.30 pm talk

19) Things you didn't know about salt lakes by **Peter Hudson**

Peter's introduction to salt lakes was way back in 1970. He pursued a lifelong interest in the fauna that lives in these harsh environments. His research in this area eventually involved a PhD and more recently collaboration with Dr Stevens at the South Australian Museum using DNA to reveal something of the complexity of this fauna.

This presentation will reveal something of the beauty and fascination of the fauna that live on our dry salt lakes.

Thursday 28th March at 2pm

20) Walk No 5 – Gilbertson Gully, Seacliff Park Map ref: UBD 152 K11

Meet on the corner of Lamington and Don Avenues, Seacliff Park.

Please also refer to General Notes for Walkers on Page 3.

Wednesday 3rd April at 9.30am

Moderate

21) Robotics and Artificial Systems

by **Associate Professor Russell Brinkworth**

Dr Brinkworth has had over a decade of postdoctoral research, teaching and administration experience in a wide variety of areas, all concentrated on the use of technology to understand, interact with and predict the world.

Most people are familiar with the historic aphorism “the biggest problem with common sense is that it is not common”. An apt counterpart to this sentiment for the modern age is “the biggest problem with artificial intelligence (AI) is that it is not intelligent”. The hallmark of a successful biological organism is its ability to adapt to many different environmental conditions, something that has been missing in many robotic systems to date. In fact, the inability to correctly respond to the wide variety of conditions that are faced in the real-world is one of the key things currently holding back the widespread use of autonomous vehicles and robot butlers.

This presentation will explore the opportunities within robotics to take inspiration from biological systems and create truly adaptable artificial systems that better perform the tasks we require of them.”

Thursday 4th April 2024 at 2pm

22) Cruising the United Kingdom and Ireland

by **Mary Schumacher**

Mary’s cruise ship called at four ports in the south and west of England. This talk will focus on some interesting places, some well-known and others not. We will see the Abbotsbury Sub-Tropical Gardens and nearby Swannery; parts of Cornwall including Land’s End; some of Kent, in particular the beautiful Leeds Castle, with glimpses of Canterbury and parts of Liverpool with its bustling port on the Mersey River

Thursday 11th April 2024 at 2pm

23) OUTSIDE VISIT – Wittunga Botanic Gardens

In suburban Blackwood the 13 hectare Wittunga Botanic Gardens is a hidden oasis. Discover the collections of water-wise plants from Australia and South Africa, brilliant displays of Ericas and Proteas in spring and a collection of plants from Kangaroo Island and the Fleurieu Peninsula. There are over 140 species of Hakea and around 170 species of Banksias. Visit the Butterfly Garden and spot the huge variety of native birds and animal life that are attracted to the indigenous flora.

Parking: Plenty available accessed off Shepherds Hill Road. Our guided tour is estimated to take 90 minutes. Maximum number of members: 30

Cost: The required \$5 per person in advance will have been paid by U3A’s Sheila Dickinson; please reimburse her with your payment on arrival at the Gardens.

Tuesday 16th April at 10.30am for an 11.00am tour

24) Walk No 6 – Tonsley to Flinders via the train overpass

Map ref: UBD 141 K16

Meet in the Tonsley Railway Station carpark. Enter from either Alawoona Avenue or Tonsley Campus via South Road. Please also refer to General Notes for Walkers on Page 3.

Wednesday 17th April at 9.30am

Easy

25) Guided Art Gallery Visit

led by **Bev Bennet**

See details Page 3

Wednesday 17th April at 1.30pm

26) Current Legislation covering Heritage Buildings in Adelaide

by **Paul Leadbeter**

Paul Leadbeter is the President of the National Trust of South Australia. He will present an overview of the law and policy applying in South Australia for the protection of places of heritage value. It will include discussion about the different levels of heritage protection, the concept of 'heritage value' and the methods of enforcement where listed heritage places have been damaged. Suggestions for how the current system can be improved will be canvassed.

Thursday 18th April 2024 at 2pm

27) Book Group: *Klara and the Sun* by Kazuo Ishiguro

This is the eighth novel by the Nobel Prize-winning British writer, published on 2 March 2021. It is a **dystopian science fiction story. Set in the U.S. in an unspecified future, the book is told from the point** of view of Klara, a solar-powered AF (Artificial Friend), who is chosen by Josie, a sickly child, to be her companion. The novel was longlisted for the 2021 Booker Prize.

Friday 19th April at 1.30 pm at Park Holme Library, Duncan Ave, Park Holme

ANZAC DAY Thursday 25th April – No Session