



**UNIVERSITY OF THE THIRD AGE  
- FLINDERS - INCORPORATED  
PROGRAMME No 94**

**First Session 2023  
February - April**

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*U3A - Flinders - Inc. acknowledges the support and assistance given by Flinders University*

## MESSAGE FROM YOUR PROGRAMME CO-ORDINATOR

Dear Members,

### PRODUCTION OF THIS PROGRAMME - No 94

My thanks go to **Janet Newman, Sheila Dickinson, and Myself** for another varied and interesting programme.



### ENROLMENT FORMS

Please return your completed Enrolment Forms as soon as possible, as it helps me to compile the MC Duty Rosters – particularly for the first month of the Programme. It also means that those attending our sessions are entitled to do so as Full Financial Members, and provides the Management Committee with a reasonably accurate figure for the number of chairs to set out for each session.

### WALKING GROUP

Wednesday Walks continue as before, thanks to Judy Milford and Nola Byass, with the following important organisational change: for a trial period the **RENDEZVOUS (START) TIME will be 10.00 am** for the duration of this Programme. See further details elsewhere in the Programme.

### BOOK GROUP

Meetings are held on the third Friday of the month at 1.30 pm at Parkholme Library. See further details included elsewhere in the Programme.

### WRITING GROUPS

Members of the Writing Groups must follow the same procedures as other Groups, and indicate their intention to attend sessions by ticking the appropriate box on the Enrolment Form for return to the Office. This will ensure that those participating under the aegis of U3A Flinders are Full Financial Members, and thus covered by our Public Indemnity Insurance policy.

### GUIDED VISITS TO THE STATE ART GALLERY

This group continues as before with some procedural changes, see details elsewhere in the Programme.

*Max Gordon*

## Programme 94

- Special Notes:**
1. All events in this programme, unless otherwise specified, will be held at:  
Active Elder Association Hall, Corner of Charles & Albert Streets, Ascot Park.
  2. U3A Flinders Inc reserves the right to cancel postpone or change advertised events as necessary. Reasonable effort will be made to provide timely notification of such changes to Members who have enrolled.

### General Information for Group Activities

#### The Wednesday Walking Group - General Notes for Walkers

Contact details: Judy Milford. 0408 842 479, Nola Byass 0411 066 014

- **PLEASE NOTE: Walks will now START AT 10.00 am, on a trial basis. Please be at the departure point 5-10 mins before the starting time.**
- If you have registered for a walk but are unable to attend, please notify Nola or Judy so that the group knows not to wait for you and the number for coffee can be adjusted.
- Weather conditions: If the Bureau of Meteorology (BOM) forecast max. temp. for Adelaide is 32°C or over on the Tuesday evening News, the walk will be cancelled.
- Forecast rain: The walk will be held. Bring rain gear. The exception is if the (BOM) forecast includes lightning, the walk will be cancelled.
- Wear: Name badge with contact details for next of kin on reverse side (for use in case of an accident).
- Coffee will be taken at the completion of each walk, unless otherwise advised.
- When possible, walks have been graded to indicate the level of difficulty.

#### The Art Gallery Group – Guided Art Gallery Visits

Contact details: Bev Bennet. Ph 0417 858 246, E-mail: [beverleybennet@gmail.com](mailto:beverleybennet@gmail.com)

- This year U3A will continue visits to the SA Art Gallery on the third Wednesday of each month at 1.30 pm from February to November. The dates are included in the Prog 94 Enrolment Form so that members can indicate their intention of attending. We ask participants to wear their name badge with contact details for next of kin on reverse side (for use in case of an accident).
- The Gallery requires us to make groups of ten and to pay for our visits in February for the year (\$18). We will have two groups operating in 2023 and they are currently full.
- However there will be times when people are unable to attend. So if you would like to be on the list to fill these spots please contact me by e-mail or telephone (see above).

### The Writers' Groups

#### Writers' Group

Contact person (via U3A Office): Ted Flaherty

This is a long-established group of experienced writers. Members read and critique work in a mutually supportive environment. If you are interested in finding out more about how this group operates, please contact the U3A Office in the first instance and your details will be passed on to the organiser. Sessions are held at Parkholme Library, Duncan Avenue, Parkholme. If you are an existing member, please tick the appropriate box on the Enrolment Form.

Every Thursday during term time. From 9.30 am – 12.30 pm.

#### Wednesday Scribblers Writing Group

Contact person, (via U3A Office): Alison McDonald

For many members, joining this group was their first foray into the field of creative writing within a supportive environment. If you are interested in finding out more about how this group operates, please contact the U3A Office in the first instance and your details will be passed on to the organiser. Sessions are held at Parkholme Library, Duncan Avenue, Parkholme. If you are an existing member, please tick the appropriate box on the Enrolment Form.

Every Wednesday during term time. From 1.30 pm – 3.30 pm.

#### The Book Group – General Notes

These meetings are usually held on the third Friday of each month at 1.30 pm at Parkholme Library, Duncan Ave, Parkholme. Members take turns (if they wish to) at choosing the book of the month (fiction or non-fiction), which appears in the U3A programme. They source their own copies to read (from libraries, e-books, book shop etc) then come along to discuss the book – even if they don't like it! Interesting discussions ensue. New members always welcome.

Contact Judy Milford on 0408 842 479 or e-mail [judymilford39@gmail.com](mailto:judymilford39@gmail.com) for further information.

## Programme 94 - Sessions

- 1) Walk No 1 – Seacliff to Kingston Park** **Map ref: UBD 152 G9**  
Meet in the Angus Neill Reserve, Esplanade, Seacliff.  
Walk includes steps so the group can divide into ‘Easy’ and ‘Moderate’.  
**If the Bureau of Meteorology (BOM) forecast max. temp. for Adelaide is 32°C or over on the Tuesday evening News, the group will still meet for coffee at the Seacliff Hotel at 10.00 am.**  
Please also refer to General Notes for Walkers on Page 3.  
Wednesday Feb 1st at 10.00 am. **Easy/Moderate**
- 2) The work of Wombats SA** **by Peter Clements**  
Peter earned a PhD at the University of Adelaide followed by post-doctoral fellowships at the University of Wyoming and Johns Hopkins University at Baltimore in the USA. He then spent 30 years as principal medical scientist at the Women’s and Children’s Hospital working on severe inherited disorders in children. Peter is currently semi-retired. He has been a member of the Natural History Society of SA since 1981 and was president for 8 years. The Society has now adopted the trading name of Wombats SA to reflect that they own and maintain five wildlife reserves in SA all of which are habitat for wombats. Peter will talk about the reserves and their inhabitants.  
Thursday Feb 2nd at 2.00 pm.
- 3) Z Ward – Parkside’s Ward for the Criminally Mentally Insane** **by David Buob**  
David Buob has devoted the past 49 years to servicing the needs of adults with mental illness, managed by the Public System. Throughout this time, he has also been fascinated by the history of mental health care in SA. His illustrated talk will focus on Z Ward’s early years from its design by Edward John Woods, its odd mix of inmates, the changes that occurred, its near loss to the State and will finish with some contemporary notes.  
Tuesday Feb 7th at 2.00 pm.
- 4) The People in Charles Hill’s Painting of Proclamation Day** **by Dr Susan Marsden**  
Susan is a professional historian of longstanding whose public work includes social media posts and other history-related projects for the philanthropic Marsden Szwarcbord Foundation, co-founded in 2013 with her husband Michael Szwarcbord to support history. In this illustrated talk she will examine the people in Charles Hill’s painting of Proclamation Day, a painting that hangs in the Art Gallery of South Australia. Who were these people, how did they come to be there and what was their importance to the new colony? Susan will also bring along a few copies of her book, *Business, charity and sentiment Part two: the South Australian Housing Trust, 1987-2011* that can be purchased after the talk for \$20. Part 1 is available from local libraries and was recently chosen for re-publication in an electronic format as one of Australia’s nationally-significant books.  
Thursday Feb 9th at 2.00 pm.
- 5) Art, Christianity and a Cultural Revival in Papua New Guinea** **by Dr Alison Dundon**  
Alison is a sociocultural anthropologist at the University of Adelaide, with long term field and online research into rural communities in Papua New Guinea, most recently focussed on intimacy, love and Papua New Guineans dating online and the interconnected relationships between plants, animals and humans. This talk will focus on a period in the 1970s when a community living in a remote part of Papua New Guinea went through a cultural revival initiated by local artists and a person from the Commonwealth Art Advisory Board of Australia, who had brought 100 photographs of carved objects taken by early colonial administrators and explorers. As Christians, however, there was much debate and even unease, which generated much debate.  
Tuesday Feb 14th at 2.00 pm.
- 6) Walk No 2 – Blackwood Historic** **Map ref: UBD 154 P8**  
Meet on the corner of Simla and Adey Roads, Blackwood (Blackwood Bowling Club).  
Please also refer to General Notes for Walkers on Page 3.  
Wednesday Feb 15th at 10.00 am. **Easy**
- 7) Guided Art Gallery Visit** **led by Bev Bennett**  
See details on Page 3.  
Wednesday Feb 15th at 1.30 pm.

**8) Africa and beyond. A grassroots travel experience**

by **Carolyn Denton**

In her twenties Carolyn experienced the quintessential journey around Australia in a VW Kombi with her then boyfriend, and then expanded her travel aspirations and began exploring the globe. Her travel has always been independent, low budget and adventurous. In 2016 she began making plans to holiday with her parents in Africa for 4-5 weeks in 2017, a place she felt compelled to revisit and promote others to visit. She wanted to see her parents also experience the wonders of Africa.

Since childhood, Carolyn has been friends with Raelene Fuss, one of U3A's long-time members. When Raelene heard of these plans, and as Carolyn's father was not keen to travel abroad, she asked if she could come along instead. Although Carolyn warned Raelene that the travel experience would be outside of her usual comfort zone, she was perhaps still not entirely prepared for what lay ahead.....!

Thursday Feb 16th at 2.00 pm.

**9) Book Group: *Sapiens - A Brief History of Humankind* by Yuval Noah Harari**

led by **Mary Dickson**

Earth is 4.5 billion years old. In just a fraction of that time, one species among countless others has conquered it: us! In this bold and provocative book the author explores who we are, how we got here and where we are going. *Sapiens* is a thrilling account of our history - from insignificant apes to rulers of the world.

Friday Feb 17th at 1.30 pm at Parkholme Library, Duncan Drive, Parkholme.

**10) UK Politics**

by **A/Prof Rob Manwaring**

Rob is an Associate Professor in the College of Business, Law and Government at Flinders University. He last spoke to us in 2022 on the SA State Election result, and previously on the resilience (or otherwise) of Australian democracy. At time of preparing this Programme, the state of UK politics can only be described as chaotic and tumultuous. By the time this session in February 2023 comes around, who knows what complicated quagmire of intrigue and back-stabbing will pertain in the "Mother of Parliaments". In this session Rob will try to make sense of this turbulent political situation.

Tuesday Feb 21st at 2.00 pm.

**11) The Lake Eyre Basin**

by **Joc Schmiechen**

Joc is an educator, expedition leader, special interest tour organizer, consultant and lecturer. Since graduating, he has spent much of his working and spare time in the Australian wilds.

Kati Thanda–Lake Eyre Basin is one of the world's largest internally draining river systems. It spans 1.2 million km<sup>2</sup>, which is almost one-sixth of Australia. About 60,000 people live scattered across the Basin living in small settlements, and on isolated grazing properties. There are mining developments, Aboriginal communities and outstations. For tens of thousands of years, the Basin has supported Aboriginal people, reflected today in their diversity and the many sites of cultural significance. Using a map of the Aboriginal areas involved, Joc will talk about how the Lake Eyre Basin survives today.

Thursday Feb 23rd at 2.00 pm.

**12) The Campbells of Anlaby**

by **Janet and Sue Scarfe**

Janet and Sue (Suzanne) Scarfe are descendants of the Campbell family who lived and worked at Anlaby from 1860 to 1940. Anlaby is a historic property situated between Kapunda and Eudunda and the oldest continuing merino sheep stud in mainland Australia. Members will have had the opportunity to visit Anlaby in the past and this talk will be an opportunity to develop a deeper understanding of its place in our state's history. Janet is a professional historian and Sue is a genealogist. Together they have written a social and family history entitled *The Campbells of Anlaby* which was highly recommended in the TT Reed Family History Awards for 2022. Copies of their book will be available for sale.

Tuesday Feb 28th at 2.00 pm.

**13) Walk No 3 – Torrens Linear Park**

**Map ref: UBD 116 K8**

Meet at the southern end of Frogmore Road, Kidman Park.

As our contribution to **Clean Up Australia Day** on Sunday March 5, members are invited to bring a bag, a pair of tongs and gloves to pick up rubbish along the walk.

Please also refer to General Notes for Walkers on Page 3.

Wednesday March 1st at 10.00 am.

**Easy**

**14) Physical Activity and Movement in Older Adults**

by **Dr Lucy Lewis**

Lucy is a registered physiotherapist and senior researcher at Flinders University. She researches ways to help people sit less and move more, with a particular interest in older adults. Lucy is currently working on studies investigating ways to improve activity levels of older adults across the community, hospital and residential aged care settings.

Thursday March 2<sup>nd</sup> at 2.00 pm.

**15) The Future of the Port River Dolphins**

by **Dr Mike Bossley AM**

Dr Bossley is a Researcher and Environmentalist. As the Whale and Dolphin Conservation Regional Science and Education Manager, Mike has been studying the Port River dolphins for more than 25 years. He will explain the non-invasive field research that he has conducted over the years, the way dolphins use their habitat, their social structures and the threats they face.

Tuesday March 7<sup>th</sup> at 2.00 pm.

**16) Convicts and Settlers in the Hunter Valley**

by **Dr Denis Binnion AM**

Dr Binnion has a long involvement in Adult Education, having been CEO of WEA SA for 20 years - during which time he established WEA Travel, and led many Group Tours. He is also interested in Australian History. The lower Hunter Valley was the first penal settlement of NSW outside of Sydney. Governor King wanted the convict labour to provide coal, salt and red cedar. Twenty years later the white pastoralists and other settlers arrived in the Valley, although assigned convicts still provided much of the early labour for the settlements of Paterson, Maitland and Newcastle. Tocal estate near Paterson is one such example of the use of convicts for the pastoral industry. But what reminders of the past remain for tourists visiting the region these days?

Thursday March 9<sup>th</sup> at 2.00 pm.

**17) Annual General Meeting, U3A Flinders - Inc**

led by **President Chris Bennett**

All positions on the Committee will be declared open and nominations received and invited. Comments and opinions about our U3A will be welcome. Tea, coffee and biscuits will be served after the meeting. Please bring a mug. *Note: There will be no guest speaker.*

Tuesday March 14<sup>th</sup> at 2.00 pm.

**18) Walk No 4 - Brighton Historic**

**Map ref: UBD 152 H4**

Meet outside the Brighton Civic Centre, corner Jetty Road and Torr Avenue, Brighton.

There is a small carpark there, but additional parking is available along Commercial Road, near the Windsor Theatre.

Please also refer to General Notes for Walkers on Page 3.

Wednesday March 15<sup>th</sup> at 10.00 am.

**Moderate**

**19) Guided Art Gallery Visit**

led by **Bev Bennet**

See details on Page 3.

Wednesday March 15<sup>th</sup> at 1.30 pm.

**20) Hydrogen Production Technology**

by **Professor Michael Goodsite**

Professor Goodsite is the Director, Institute for Sustainability, Energy and Resources at University of South Australia. In layman terms he will explain the research his Department is making into the use of Hydrogen in modern industry and what the future holds for South Australia. Is Hydrogen the key to producing clean and economical power for mankind?

Thursday March 16<sup>th</sup> at 2.00 pm.

**21) Book Group: *Watership Down* by Richard Adams**

led by **Anneke Jeuken**

This novel is set in Southern England, and features a small group of rabbits (anthropomorphized) going on an adventure.

Friday March 17<sup>th</sup> at 1.30 pm at Parkholme Library, Duncan Drive, Parkholme.

**22) The South Australian Frontier and Its Legacies**

by **Skye Krichauff**

Skye is a Research Fellow at the School of Humanities, University of Adelaide.

This project is based at the University of Adelaide. Partner organisations include: the State Library of South Australia; State Records of South Australia; the South Australian Museum; History Trust of South Australia; and Reconciliation SA. The study draws on extensive archival research and oral histories to investigate and map the violence of South Australia's colonial frontier. The outcome will be a publicly accessible website and digital map. Skye will demonstrate the findings and the features of the map during the presentation.

Tuesday March 21<sup>st</sup> at 2.00 pm.

**23) Methods of Low Carbon Living**

by **Professor Wasim Saman**

Professor Saman is Leader in the Research Node For Low Carbon Living. His career focuses on sustainable energy education and industry-targeted research - especially into low carbon living and solar thermal energy. He also runs a group on practical ways for living with climate change. In this presentation he will focus on how we can reduce energy bills and carbon footprint in our existing homes. He will also highlight the outcomes of his research at Lochiel Park as a case study.

Thursday March 23<sup>rd</sup> at 2.00 pm.

- 24) “The Lab”, Light Square Adelaide** by **Dr Luke Harrald**  
Dr Harrald is a composer, performer and digital media artist and holds a PhD in Composition from Elder Conservatorium of Music. He has built high profile temporary and permanent installations for organisations such as SA Tourism Commission and the Adelaide Oval Stadium Management Authority. “The Lab” is a multi-functional and multi-genre immersive performance space that supports art and culture while leading it in entirely new directions. Find out from Luke what new ideas “The Lab” has in store.  
Tuesday March 28<sup>th</sup> at 2.00 pm.
- 25) Walk No 5 - Hawthorne** Map ref: **UBD 155 A6**  
Meet in Wattle Avenue, (off Watahuna Avenue) at the Hawthorndene Oval.  
Please also refer to General Notes for Walkers on Page 3.  
Wednesday March 29<sup>th</sup> at 10.00 am. **Easy**
- 26) Constructing the Overland Telegraph Line** by **Richard Venus**  
Richard has spoken to us in the past on a variety of subjects. In this talk , he will tell us how The Overland Telegraph changed the way Australia related to the world, and how the country’s extreme isolation was broken. Richard will explain how the telegraph line between Adelaide and Darwin was constructed and how it opened up the centre of the continent.  
Thursday March 30<sup>th</sup> at 2.00 pm.
- 27) Russia and the USSR** by **A/Prof David Lockwood**  
David is a specialist in Soviet and Indian History. He last spoke to us in March 2022, on the subject of Indian independence. On this occasion, he will spend some time on the area formerly known as the Union of Soviet Socialist Republics. Given the recent and ongoing upheavals affecting this vast and complicated part of the world, he will no doubt touch on President Putin’s pronouncements and actions and how they affect the rest of us. This session should help us comprehend the background to the dangerous situation unfolding in North East Europe.  
Tuesday April 4<sup>th</sup> at 2.00 pm.
- 28) The Life and Times of Horatio Lord Nelson** by **Mick Allinson**  
Mick is a retired Royal Navy submariner, who has spoken to us several times on a variety of nautical and naval subjects. In this presentation, Mick has kindly agreed to put together the life-story of one of the most famous British Naval Officers of all time - none other than Vice Admiral of the Fleet Horatio Lord Nelson, whose statue stands on a tall column named after him, dominating the famous London Square which bears the name of the locality of his most important victory.  
Thursday April 6<sup>th</sup> at 2.00 pm.
- 29) Cybercrime goes to war** by **Emeritus Prof Andrew Goldsmith**  
Andrew is Professor of Criminology at Flinders University’s School of Law. He last spoke to our group in April 2017, on the subject of “Thug Life: why crims use guns”.  
Several years ago, the “World Wide Web” was thought to be a wonderfully cheap, benign, efficient and useful method of connecting and transmitting ideas and personal information anywhere in the world. However, circumstances have changed dramatically since then! In this talk, Andrew will focus on the role of cybercriminals acting with the consent of their host nations to attack targets in ‘enemy’ nations. The main current example is Russian ransomware gangs attacking not just Ukrainian targets but more widely against countries such as the US, the Baltic states, and even Australia (think Medibank and Optus). Who are these gangs, what are they doing, what motivates them and why are they allowed to do so by their host nations?  
Tuesday April 11<sup>th</sup> at 2.00 pm.
- 30) Walk No 6 - Bonython Park / Tulya Wardii** Map ref: **UBD 117 N6**  
Meet in the carpark at the entrance to Bonython Park (off Port Road).  
By tram: Adelaide Entertainment Centre – Thebarton tram stop, on Port Road.  
Coffee break will be taken during the walk.  
Please also refer to General Notes for Walkers on Page 3.  
Wednesday April 12<sup>th</sup> at 10.00 am. **Easy**

**31) Digital Security for Seniors**

by **Emily Johns**

Following-on from Session 29 above (“Cybercrime goes to war”), which will assuredly have made those present feel vulnerable and fearful of using the internet, we have decided to follow this up with a re-assuring antidote, in the form of Marion City Council’s own IT guru, Emily Johns. Emily has spoken to us several times in the recent past about on-line scams, criminal activity, and unpleasant use of social platforms. In this presentation, she has agreed to give us the most up-to-date information about safety on the web, and will provide advice on how best to avoid the dangers and pit-falls of using our increasingly complex electronic devices.

Thursday April 13th at 2.00 pm.

**32) Koala: a Life in Trees**

by **Dr Danielle Clode**

Danielle is a Biologist, Historian, Writer - and an inspired story-teller. She has spoken to us several times over the years, most recently giving us the fascinating story of Jeanne Barret, the first woman to circumnavigate the world (disguised as a man, she completing this journey in 1776). Her latest book is a narrative nonfiction for adults (general audience) entitled “Koala: a Life in Trees”, which synthesises the latest information on koala biology, natural history, evolution and conservation issues. In this talk, Danielle will give us an absorbing account of the history and lifecycle of one of Australia’s best-loved National Icons.

Tuesday April 18th at 2.00 pm.

**33) Guided Art Gallery Visit**

led by **Bev Bennet**

See details on Page 3.

Wednesday April 19th at 1.30 pm.

**34) Brittany and Britain - how they compare and how they differ**

by **Margaret Cronin and Roland Earl**

During 2022, Margaret and Roland visited the Cotswolds in England and Brittany in France, trips originally planned for 2020. Despite the differing cultures and languages, there are surprising similarities between these two areas - their natural beauty, their shared history, building styles, the canals, the rivers and of course the weather. Brittany has an exceptional variety of landscapes, ancient sites, walled towns, building styles, fortified ports and even its own 'stonehenge'. During their travels, accommodation ranged from city hotels to apartments located in city or rural locations, which allowed them to experience local history first hand, and in regional cities that demonstrated what modern France has to offer.

Thursday April 20th at 2.00 pm.

**35) Book Group: *Year of Wonders* by Geraldine Brooks AO**

led by **Chris Quantrell**

When an infected bolt of cloth carries the plague of 1666 from London to an isolated village, a housemaid named Anna Frith emerges as an unlikely heroine and healer. *Year of Wonders* is a strangely consoling tale of hope in a time of despair.

Friday April 21st at 1.30 pm.

**ANZAC DAY - Please note that there is no U3A session on Tuesday 25<sup>th</sup> April.**

**36) Walk No 7 - Sturt Gorge**

**Map ref: UBD 153 L15**

Turn into Regano Road, on the western side of Flagstaff Hill Road. Meet in the carpark on the left near the playground.

Please also refer to General Notes for Walkers on Page 3.

Wednesday April 26th at 10.00 am.

**Easy**

**37) In the News**

led by **John Bartlett**

In the past, these regular sessions provided a forum to promote and encourage argument and discussion about topical subjects gleaned from the news media. John has kindly volunteered to chair these sessions in the meantime, in the hope that one of our members might be interested in developing this concept with a view to continuing these interactive sessions in future programmes.

Thursday April 27th at 2.00 pm.